

Northern Best Performances on Record ----- as at 04/03/2018					
<i>Events in italics are archived due to specification changes</i>					
EVENT	NAME	CLUB	TIME		DATE
SENIOR MEN TRACK					
60m	L Vaessen	N.L.	7.09	(e)	21.11.2004
100m	R Whitehead	TAC	10.6		08.02.86
200m	Scott Bailey	NL	21.44	(e)	11.11.01
400m	Scott Bailey	NL	47.74	(e)	17.03.02
800m	Stan Bailey	TAC	1.50.8		31.01.76
1500m	J Harris	NL	03:51.2	(e)	02.03.13
3000m	J Hansen	NL	8.23.13		27.10.2012
5000m	J Harris	NL	14.32.64	(e)	25.11.2011
10000m	D Cox	NHC	29.53.4		27.02.68
110m Hurdles (106.7cm)	R Fachin	NL	15.4		07.01.89
400m Hurdles (91.4cm)	F Ratcliff	RAC	53.9		26.01.86
3000m Steeple	J Harris	TAC	9.16.36	(e)	25.11.08
1500m Walk	P Kerrison	N	6.44.2		05.02.72
3000m Walk	K Larsen	NHC	13.36.4		27.02.88
5000m Walk	K Larsen	NHC	23.51.3		24.01.87
400m Relay	D Preece				
	J Howard				
	C Langley				
	D Lahey	TAC	42.8		01.11.86
800m Relay	J Whiteroad				
	T Pfundt				
	C Clear				
	T Philpott	N.L.	1.32.59	(e)	14.02.06
1600m Relay	Shaun Bailey				
	J Vos				
	K Pitt				
	Scott Bailey	NL	3.19.55	(e)	17.02.01
1 Hour Run	K Gillard	NL	18,548		26.01.05
UNDER 20					
60m	L Vaessen	NL	7.09	(e)	21.11.2004
100m	N Slater	NL	10.7		15.12.92
200m	S.Whiteroad	RAC	22.24	(e)	11.11.01
400m	D Edmunds	RAC	48.0		26.02.89
800m	B Dooley	NHC	1.51.9		21.02.71
1500m	R Gillard	NL	3.57.2		20.02.83
3000m	J Hansen	NL	8.23.13		27.10.2012
5000m	J. Birtwhistle	WS	14.36.10	(e)	25.11.2011
10000m	S Phillips	NHC	32.34.0		13.12.78
110m Hurdles (99.1cm)	T. Heron	WS	15.2	(e)	15.01.11
400m Hurdles (91.4cm)	G Tudor	TAC	54.9		22.01.83
3000m Steeple	J Harris	TAC	9.16.36	(e)	25.11.08
1500m Walk	P Kerrison	N	6.44.2		05.02.72
3000m Walk	K Larsen	NHC	13.36.4		27.02.88

combined for website

5000m Walk	K Larsen	NHC	23.51.3		24.01.87
400m Relay	D Stolp				
	N Slater				
	N Wheldon				
800m Relay	K Pitt	NL	43.72		24.01.93
	P.Lee				
	D Lahey				
	J.Hansen				
1600m Relay	A.Robinson	NL	1.32.49	(e)	22.02.11
	S Dixon				
	J Hogan				
	V Males				
	R Fachin	NL	3.24.2		25.02.84
UNDER 18					
60m	L Vaessen	NL	7.09	(e)	21.11.2004
100m	N Slater	NL	10.7		15.12.92
200m	L Vaessen	NL	22.29	(e)	20.03.2004
400m	D Edmunds	RAC	48.4		13.02.88
800m	J Hansen	NL	1.55.80	(e)	22.02.11
1500m	J Harris	TAC	3.58.07	(e)	17.11.07
3000m	J.Birtwhistle	R	8.46.78	(e)	14.11.10
5000m	J. Birtwhistle	WS	14.36.10	(e)	25.11.2011
10000m	M Bell	TAC	34.06.2		01.02.73
110m Hurdles (91.4cm)	T Heron	WS	15.20	(e)	11.11.08
400m Hurdles (84cm)	D.Mace	NL	57.3	(e)	09.02.03
2000m Steeple	J Harris	TAC	6.08.19	(e)	09.01.2007
1500m Walk	B. Swain	WS	6.53.86		26.01.99
3000m Walk	K Larsen	NHC	13.36.4		27.02.88
400m Relay	K Pitt				
	G Hawes				
	N Wheldon				
800m Relay	C Hill	NL	44.16		13.03.93
	J Whiteroad				
	T.Pfundt				
	S.Lynch				
1600m Relay	C.Clear	N.L.	1.34.97	(e)	06.01.04
	C Morling				
	A Juhasz				
	P Nankervis				
	D Edmunds	RAC	3.25.4		25.01.86
UNDER 16					
60m	J Lowe	NLAC	7.27	(e)	20.01.09
100m	J Lowe	NLAC	11.18	(e)	17.02.09
200m	J Lowe	NLAC	22.92	(e)	06.01.09
400m	D Edmunds	RAC	50.5		16.02.86
800m	M Hansson	RAC	1.56.5		24.02.96
1500m	H.Butt	NHC	4.06.72	(e)	15.02.03
3000m	J.Birtwhistle	R	8.46.78	(e)	14.11.10
5000m	S Waldren	RAC	16.19.1		08.11.86
10000m	K Larsen	RAC	36.41.9		24.11.84

100m Hurdles (84cm)	E Rae	NAC	14.13	(e)	15.12.12
200m Hurdles(76.2)	L.Vaessen	NL	27.36	(e)	02.12.2001
400m Hurdles	L.Vaessen	NL	57.99	(e)	09.02.03
2000m Steeple	J. Birtwhistle	R	6.05.29	(e)	14.12.10
1500m Walk	B. Swain	WS	6.53.86		26.01.99
3000m Walk	M Lowe	NHC	15.02.48		26.01.01
400m Relay	S Alexander				
	M Burgess				
	L Vaessen				
	J Whiteroad	RAC	47.50	(e)	18.03.01
800m Relay	E Crossingham				
	D Nicholas				
	I Chugg				
	L Galvin-Ridge	NLAC	1.41.58	(e)	28.01.2017
1600m Relay	A Speers				
	J Billing				
	P Parry				
	G Jacobson	NL	3.37.5		26.11.83
1 Hour Run	L McCarthy	NHC	16735m		17.12.95
UNDER 15					
60m	J. Bennett	WS	7.73	(e)	15.01.11
100m	S Lidster	NL	11.2		17.12.66
200m	M Cheney	NL	23.5		18.10.86
400m	D Lahey	NL	51.58	(e)	28.02.09
800m	G.Mace	NHC	2.00.08		26.11.02
1500m	G.Ferguson	NL	04:12.9	(e)	02.03.13
3000m	G. Ferguson	NL	9.16.22	(e)	01.02.13
5000m	G. Ferguson	NL	16.49.71	(e)	09.11.13
10000m	K Larsen	RAC	36.41.9		24.11.84
100m Hurdles (84cm)	L.Vaessen	NL	14.37	(e)	28.01.2002
200m Hurdles (76.2x10)	L.Vaessen	NL	27.36	(e)	02.12.2001
1500m Walk	K Larsen	RAC	6.54.7		19.11.83
2000m Steeple	G. Ferguson	NL	6.23.47	(e)	23.11.13
400m Relay	J Hogan				
	J Venn				
	E Colpo				
	V Males	NL	47.8		16.02.80
800m Relay	E Crossingham				
	D Nicholas				
	I Chugg				
	L Galvin-Ridge	NLAC	1.41.58	(e)	28.01.2017
1600m Relay	L Galvin-Ridge				
	E Crossingham				
	D Nicholas				
	I Chugg	NL	3.45.28	(e)	18.01.2017
UNDER 14					
60m	K Digney	NLAC	7.96	(e)	15.11.2017
100m	S Goldsmith	RAC	11.7		18.10.86
200m	D McIntee	NL	24.3		13.02.75
400m	D McIntee	NL	54.7		18.03.75

combined for website

800m	G Ferguson	NL	2.05.71	(e)	25.01.2013
1500m	G Ferguson	NL	04:12.9	(e)	02.03.13
3000m	G Ferguson	NL	9.16.22	(e)	01.02.13
90m Hurdles (76.2cm)	B Swain	WS	13.2		26.01.94
200m Hurdles (10x76.2cm)	T Heron	WS	30.9	(e)	05.11.05
1500m Walk	K Larsen	RAC	6.54.7		19.11.83
3000m Walk	C. Walker	WS	19:01.5	(e)	18.01.11
2000m Steeple	J Birtwhistle	RAC	6.47.64	(e)	09.12.08
400m Relay	D McIntee				
	J Cox				
	S Bennett				
	G Jacobson	NL	49.8		14.12.74
800m Relay	S Lonergan				
	H Butt				
	N Bailey				
	O Phillips	NHC	1.57.26	(e)	06.01.01
1600m Relay	A Juhasz				
	C Taylor				
	M Camino				
	D Edmunds	RAC	3.56.8		01.02.84
UNDER 13					
60m	K Digney	NLAC	8.18	(e)	21.10.2017
100m	K Digney	NL	12.87	(e)	14.10.2017
200m	A Claudio	NL	26.0		27.02.77
400m	M Cheney	NL	57.3		15.12.84
800m	G. Ferguson	NL	2.16.27	(e)	13.12.2011
1500m	G. Ferguson	NL	4.29.26	(e)	25.11.2011
3000m	G. Ferguson	NL	9.47.73	(e)	06.12.2011
2000m Steeple	G. Ferguson	NL	7.07.20	(e)	13.11.2011
90m Hurdles (76.2cm)	B.McCulloch	RAC	15.8	(e)	02.03.03
200m Hurdles (10x76.2)	B.McCulloch	RAC	33.62	(e)	27.01.03
1500m Walk	K Larsen	RAC	6.54.7		19.11.83
400m Relay	C Taylor				
	D Edmunds				
	R Gormly				
	A Juhasz	RAC	54.0		13.11.82
800m Relay	N.Kaine				
	O.Phillips				
	L.Geelan				
	C.Milne	NHC	2.10.51	(e)	24.02.02
1600m Relay	A Henricks				
	D Young				
	S Rattray				
	W Creighton	NL	4.16.0		12.12.78
FIELD - MEN					
<u>EVENT</u>	<u>NAME</u>	<u>CLUB</u>	<u>TIME</u>		<u>DATE</u>

SENIOR					
High Jump	T Apted	NHC	2.11		30.01.88
Long Jump	L Vaesen	NL	7.51		14.11.2004
Triple Jump	A Stewart	NL	15.54		27.11.04
Polevault	T Apted	NL	4.40		01.03.92
Javelin (800g)	R McCafferty	RAC	68.06		19.11.88
Discus (2kg)	C Watson	NHC	49.62		19.12.87
Shot Put (7.26 kg)	C Watson	NHC	17.75		29.02.92
Hammer (7.26kg)	C Watson	NHC	66.78		19.12.87
Pentathlon	T Philpott	NL	3331pts		07.11.05
Decathlon	T Apted	NL	6930pts		21/22.12.91
UNDER 20					
High Jump	T Apted	NHC	2.11		30.01.88
Long Jump	L Vaessen	NL	7.51		14.11.2004
Triple Jump	P Coleman	N.L.	14.86		13.01.04
Polevault	T Apted	NHC	4.30		05.02.89
Javelin (800g)	M Mullarvey	NHC	64.74		02.02.91
Discus (1.75kg)	D. O'Toole	NHC	41.42		12.03.00
Shot Put (6kg)	T Hodgetts	NHC	17.80		11.12.07
Hammer (6kg)	T. Hodgetts	NHC	55.20		10.11.07
Pentathlon	A.Finch	NL	3335pts		05.11.01
Decathlon	A.Finch	NL	6616pts		24/25.11.01
UNDER 18					
High Jump	T Apted	NHC	2.11		30.01.88
Long Jump	L Vaessen	N.L.	7.51		14.11.2004
Triple Jump	S Leslie	NL	13.67		29.10.83
Polevault	T Apted	NHC	4.15		13.02.88
Javelin (700g)	T Apted	NHC	64.42		31.01.87
Discus (1.5kg)	C Watson	RAC	52.66		18.11.84
Shot Put (5kg)	T Hodgetts	NHC	17.66		13.11.05
Hammer (5kg)	S Alderson	NEW	53.54		02.03.13
Pentathlon	D O'Toole	NHC	3160		15.12.98
Decathlon	T Apted	NHC	7123pts		20/21.02.88
UNDER 16					
High Jump	T Apted	RAC	1.93		23.11.85
Long Jump	L.Vaessen	NL	6.90		23.02.2003
Triple Jump	S Leslie	NL	13.67		29.10.83
Polevault	T Apted	RAC	3.80		26.10.85
Javelin (700g)	T Apted	RAC	60.56		15.02.86
Discus (1kg)	G Gatenby	NHC	54.77		22.10.00
Shot Put (4kg)	T Hodgetts	N.H.C.	17.37		08.03.04
Hammer (4kg)	G Gatenby	NHC	55.02		21.11.00
Pentathlon	M Cheney	NL	2924pts		01.02.87
Heptathlon	N Wheldon	NL	4239pts		21/22.12.91
UNDER 15					
High Jump	D Tasker	NL	1.85		21.12.91
Long Jump	S Leslie	NL	6.42		27.11.82
Triple Jump	S Leslie	NL	12.96		13.11.82

Polevault	T Apted	NL	3.64	24.02.85
Javelin (700g)	D Boatwright	NHC	47.41	15.02.06
Discus (1kg)	Samuel Alderson	NEW	51.46	17.01.2012
Shot Put (4kg)	Samuel Alderson	NEW	15.50	31.01.2012
Hammer (4kg)	Samuel Alderson	NEW	53.43	06.03.11
Pentathlon	T Apted	NL	2651pts	06.01.85
<u>UNDER 14</u>				
High Jump	D Edmunds	RAC	1.70	10.03.84
	G Garwood	WS	1.70	03.11.90
Long Jump	A Juhasz	RAC	5.91	21.01.84
Triple Jump	S Leslie	NL	12.18	21.02.82
Polevault	T Apted	NL	3.05	28.01.84
Javelin (600g)	T Apted	NL	51.48	26.02.84
Discus (1kg)	S. Alderson	NHC	48.3	22.02.2011
Shot Put (3kg)	S. Alderson	NHC	14.92	22.02.11
Hammer (3kg)	S. Alderson	NHC	53.66	22.02.2011
Pentathlon	M Cheney	NL	2574pts	19.01.86
<u>UNDER 13</u>				
High Jump	D Edmunds	RAC	1.60	15.01.83
Long Jump	A Juhasz	RAC	5.39	09.02.83
Triple Jump	C Quinn	TAC	11.11	17.12.83
Polevault	T Apted	NL	2.60	23.01.83
Javelin (600g)	T Apted	NL	40.58	20.02.83
Discus (1kg)	M Cheney	NL	35.20	08.12.84
Shot Put (3kg)	J Stone	UTAS N	11.85	01.11.2017
Hammer (3kg)	A.Mace	NL	24.53	07.04.02
Pentathlon	M Cheney	NL	2062pts	06.01.85
1600m relay Mixed Open	S Strong	NL	4.00.07	21.02.2018
	C Stanley	NL		
	J Crawford	NL		
	J Longstaff	NL		
1600m relay Mixed U20	J Wood	NAC	4.45.08	21.02.2018
	A Wood	NAC		
	W Bottle	NAC		
	B Anderson	NAC		
1600m relay Mixed 18	J Wood	NAC	4.45.08	21.02.2018
	A Wood	NAC		
	W Bottle	NAC		
	B Anderson	NAC		
1600m relay Mixed U16	J Wood	NAC	4.45.08	21.02.2018
	A Wood	NAC		
	W Bottle	NAC		
	B Anderson	NAC		
1600m relay Mixed U14				

UNDER 20					
60m	K.Pedley (Ing)	RAC	7.87		25.11.01
100m	R Farrelly	NAAC	11.9		29.01.83
100m	R Farrelly	NCAC	11.9		18.10.86
100m	R Farrelly	NCAC	11.9		01.11.86
200m	R Farrelly	NAAC	24.4		07.12.85
400m	G Millar	RAC	54.5		19.02.83
800m	S Speers	NAAC	2.09.0		28.02.84
1500m	K Fyfe	NL	4.34.86		27.02.05
3000m	J Campbell-Smith	NHC	9.38.1		28.02.88
5000m	J Campbell-Smith	NHC	16.39.7		18.11.89
10000m	S Clay	NHC	38.41.4		12.11.88
100m Hurdles (84cm)	J Sinclair-Burke	RAC	14.2		08.02.86
400m Hurdles (76.2cm)	M Hardstaff	NL	60.6		12.02.83
1500m Walk	A Geard	RAC	7.16.43		14.03.98
3000m Walk	Rachelle Taylor	WS	15.17.61		10.01.2012
2000m Steeple	K Fyfe	NL	7.15.07	(e)	31.01.06
400m Relay		NAAC	50.3		04.03.72
3000m Steeple	E. Clarke	NHC	10.50.37		09.01.2007
800m Relay	K Pedley				
	K Nicholson				
	S Van Est				
	C Wishaw	RAC	1.51.72	(e)	06.01.01
1600m Relay	J Campbell-Smith				
	J Sinclair-Burke				
	S Clay				
	K Hawkins	NHC	4.02.1		06.12.86
UNDER 18					
60m	K.Pedley (Ing)	RAC	7.87		25.11.01
100m	R Farrelly	NAAC	11.9		29.01.83
200m	C Hughes	NAAC	24.8		26.02.78
400m	S Speers	NAAC	55.6		20.02.82
800m	K Fyfe	NL	2.12.54		07.02.06
1500m	K Fyfe	NL	4.34.86		26/27.02.05
3000m	J Campbell-Smith	NHC	9.38.1		28.02.88
5000m	N. Smith	WS	17.12.60		13.11.2011
100m Hurdles (76.2cm)	K. Nicholson	WS	15.37	(e)	25.11.01
400m Hurdles (76.2cm)	M Hardstaff	NLW	62.1		22.02.81
1500m Walk	A Geard	RAC	7.16.43		14.03.98
3000m Walk	R Taylor	WS	15.17.61	(e)	10.01.2012
2000m Steeple	K Fyfe	NL	7.15.07	(e)	31.01.06
400m Relay		NAAC	50.3		04.03.72
800m Relay	K Pedley				
	K Nicholson				
	S Van Est				
	C Wishaw	RAC	1.51.72	(e)	06.01.01
1600m Relay	J Campbell-Smith				
	J.Sinclair-Burke				
	S Clay				
	K Hawkins	NHC	4.02.1		06.12.86

UNDER 16					
60m	K. Hill	NL	8	(e)	12.12.14
100m	R Farrelly	NAAC	11.9		29.01.83
200m	R Farrelly	NAAC	25.1		29.01.83
400m	R Farrelly	NAAC	56.4		26.02.83
800m	S Mathewson	NAAC	2.14.6		25.02.79
1500m	K Fyfe	N.L.	4.43.35		21.03.04
3000m	J Campbell-Smith	NHC	10.17.0		29.11.86
5000m	N Smith	TAM	18.31.40	(e)	01.11.10
90m Hurdles (76.2cm)	K Nicholson	RAC	13.65	(e)	29.10.00
200m Hurdles (76.2cm)	K Nicholson	RAC	29.65	(e)	07.11.00
400m Hurdles (76cm)	K Nicholson	RAC	63.00	(e)	06.01.01
1500m Walk	A Geard	RAC	7.16.43		14.03.98
3000m Walk	R.Taylor	WS	15.17.61	(e)	10.01.2012
2000m Steeple	E Clarke	NHC	7.19.89	(e)	21.11.04
400m Relay		NAAC	51.5		26.02.78
800m Relay	S Van Est				
	R Boucher				
	C Wishaw				
	K Nicholson	RAC	1.53.12	(e)	26.11.00
1600m Relay	S Van Est				
	R Boutcher				
	C Wishaw				
	K Nicholson	RAC	4.12.34	(e)	17.02.01
1 Hour Run	C Smith	NL	11118m		22.12.91
UNDER 15					
60m	S. Miller	NL	8.09	(e)	17.12.2011
100m	R Farrelly	NAAC	12.4		21.02.82
100m	A Juhasz	RAC	12.4		05.12.82
200m	S Sullivan	NLW	25.5		21.01.78
400m	S Speers	NAAC	57.6		24.02.78
800m	S Mathewson	NAAC	2.14.6		25.02.79
1500m	S Mathewson	NAAC	4.49.6		17.02.79
2000m Steeple	N Smith	TAM	7.28.03	(e)	25.10.2009
3000m	N Smith	TAM	10.37.10	(e)	15.11.2009
90m Hurdles (76.2cm)	K Nicholson	RAC	13.68		11.03.00
200m Hurdles (10x76.2cm)	K Nicholson	RAC	29.73	(e)	28.11.99
1500m Walk	A Geard	NHC	7.16.43		14.03.98
3000m Walk	R. Taylor	WS	15.54.83	(e)	06.03.11
400m Relay		NAAC	51.5		26.02.78
800m Relay	St Lade				
	G Axton				
	J Stevenson				
	T Hendricks	WS	1.56.28	(e)	11.11.08
1600m Relay	N Hillard				
	A Hirst				
	C Miller				
	B Barrett	NL	4.16.6		16.03.91
UNDER 14					

combined for website

60m	L Nicholson	NL	8.29	(e)	26.01.06
100m	J Mclvor	NCAC	12.6		21.11.87
	K Clark	NL	12.6		15.03.97
200m	K Clark	NL	26.2		16.03.97
400m	K.Fyfe	RAC	59.41	(e)	27.10.02
800m	K Fyfe	RAC	2.19.09	(e)	09.02.03
1500m	E Johnson	RAC	5.05.43	(e)	11.12.01
3000m	I Davie	NAC	10.59.13	(e)	14.10.2017
80m Hurdles (76.2cm)	C Butler	NL	13.3		17.12.83
200m Hurdles(10x76.2cm)	M. Brazendale	NAC	32.38	(e)	18.01.2017
1500m Walk	A Geard	NHC	7.43.9		01.02.97
2000m Steeple	N Smith	TAM	7.37.05	(e)	04.11.08
400m Relay	J Mclvor				
	F Mclvor				
	A Best				
	A Truscott	NCAC	53.9		22.02.86
800m Relay	R Taylor				
	J Stevenson				
	D Wadley				
	T Henricks	WS	1.58.57	(e)	11.10.2009
1600m Relay	B.Peet				
	M.Hookway				
	K.Fyfe				
	E.Johnson	RAC	4.21.61	(e)	16.12.01
UNDER 13					
60m	L Nicholson	NL	8.52		08.02.05
100m	T Hendricks	WS	13.03	(e)	17.02.09
200m	T Hendricks	WS	26.77	(e)	17.02.09
400m	K.Fyfe	RAC	61.04	(e)	25.11.01
800m	K.Fyfe	RAC	2.22.71		03.02.02
1500m	A.Phillips	NEW	05:06.4	(e)	07.02.14
3000m	I Davie	NAC	10.59.13	(e)	14.10.2017
2000m Steeple	A Phillips	NAC	7.55.87	(e)	25.01.2013
3000m Walk	A. Phillips	NEW	17:47.2	(e)	17.01.14
1500m Walk	A.Phillips	NEW	9.11.14	(e)	06.03.12
80m Hurdles (76.2cm)	E.Hately	NHC	14.05	(e)	28.01.02
200m Hurdles (76.2cm)	B Anderson	NAC	35.27	(e)	03.03.2018
400m Relay	J Mclvor				
	F Mclvor				
	A Best				
	M Hovington	NCAC	56.3		23.02.85
800m Relay	E Seckold-Bamford				
	B Talbot				
	I Davie				
	B Anderson	NAC	2.08.01		14.10.2017
FIELD - WOMEN					
<u>EVENT</u>	<u>NAME</u>	<u>CLUB</u>	<u>TIME</u>		<u>DATE</u>

SENIOR					
High Jump	J Millar	RAC	1.80		15.12.84
Long Jump	J Millar-Cubit	RAC	6.28		08.02.87
Triple Jump	C Miller	NL	12.75		13.03.99
Polevault	D.Dwyer	NL	3.70		28.03.2009
Javelin (600g)	J Ware	NHC	51.48		04.02.89
Discus (1kg)	M Wegerbauer	RAC	41.42		26.11.83
Shot Put (4kg)	G Larsen	RAC	13.52		04.01.86
Hammer (4kg)	A Millington	NL	48.45		19.11.05
Pentathlon	J Millar	RAC	3754pts		18.12.82
Heptathlon	J Millar-Cubit	RAC	5815pts		20/21.02.88
UNDER 20					
High Jump	K Hanson	NL	1.73		19.03.94
Long Jump	J Sinclair-Burke	NHC	5.75		23.01.88
Triple Jump	C Miller	NL	12.46		26.10.97
Polevault	D.Dwyer	NL	3.30		18.02.06
Javelin (600g)	J Ware	NHC	51.48		04.02.89
Discus (1kg)	M Wegerbauer	RAC	41.42		26.11.83
Shot Put (4kg)	G Larsen	RAC	13.52		04.01.86
Hammer (4kg)	A Millington	NL	48.45		19.11.05
Pentathlon	G Miller	RAC	3506pts		18.12.82
Heptathlon	J Sinclair-Burke	NHC	4913pts		20/21.02.88
UNDER 18					
High Jump	K Hanson	NL	1.73		19.03.94
Long Jump	F Singline	NCAC	5.69		31.01.87
Triple Jump	C Miller	NL	12.04		26.01.95
Polevault	D.Dwyer	NL	3.20		01.03.03
Javelin (500g)	J.Summers	NEW	38.98		12.12.14
Discus (1kg)	T A Philpott	RAC	39.86		05.02.89
Shot Put (3kg)	D Wagner	NL	12.15		26.10.2016
Hammer (3kg)	C. McClenaghan	NEW	43.11		25.11.2011
Pentathlon	J Sinclair-Burke	NHC	3235pts		19.01.86
Heptathlon	T A Philpott	RAC	4300pts		20/21.02.88
UNDER 16					
High Jump	N.Milne	NHC	1.72		22.11.03
Long Jump	F.Singline	NL	5.45		15.02.86
Triple Jump	P.Lodge	WS	11.32		21.11.92
Polevault	L.Vaessen	NL	2.9		13.02.05
Javelin (500g)	C. McClenaghan	NEW	36.34		25.11.2011
Discus (1kg)	S Beechey	RAC	35.38		16.02.86
Shot Put (3kg)	D Wagner	NL	12.15		26.10.2016
Hammer (3kg)	C. McClenaghan	NEW	43.11		25.11.2011
Pentathlon	J Sinclair	RAC	3364pts		06.01.85
Heptathlon	T A Philppott	RAC	4589pts		7/8.02.87
UNDER 15					
High Jump	K Hanson	NL	1.63 =		29.02.92
	C. Stanley	WS	1.63 =		15.01.11
Long Jump	F Singline	NCAC	5.41		02.11.85
Triple Jump	C Miller	NL	11.19		30.01.93

combined for website

Polevault	L Vaessen	NL	2.80	26.01.05
Javelin (500g)	J. Turner	WS	34.49	25.11.2011
Discus (1kg)	S Beechey	RAC	35.38	16.02.86
Shot Put (3kg)	J. Turner	WS	11.57	12.02.2012
Hammer 3kg	N.Milne	NHC	33.98	07.04.02
Pentathlon	E Hateley	N.H.C.	3119pts	15.02.04
UNDER 14				
High Jump	C.Stanley	WS	1.63	15.01.11
Long Jump	J.McIvor	NL	5.07	20.02.88
Triple Jump	G.Nankervis	WS	10.98	03.12.88
Polevault	L Cooper	N.L.	2.60	16.12.03
Javelin (400g)	J. Turner	WS	32.89	19.03.11
Discus (1kg)	E Hateley	N.H.C.	32.69	01.03.03
Shot Put (3kg)	J. Turner	WS	11.44	13.11.2011
Hammer (3kg)	N.Milne	NHC	33.98	07.04.02
Pentathlon	D.Weinreich	NHC	2782	04.11.02
UNDER 13				
High Jump	K Hanson	NL	1.55	16.12.89
Long Jump	D.Wadley	WS	4.9	03.10.10
Triple Jump	C Miller	NL	10.05	03.02.91
Polevault	L.Cooper	NHC	2.00	16.03.02
Javelin (400g)	E. Hateley	NHC	32.79	16.12.01
Discus (1kg)	E.Hateley	NHC	29.79	10.02.02
Shot Put (3kg)	E.Hateley	NHC	10.52	05.03.02
Hammer (3kg)	N Milne	NHC	25.53	17.03.01
Pentathlon	K Hanson	NCAC	2597pts	18.11.89